

HOLBROOK COUNCIL ON AGING NEWSLETTER



9 JEWEL ROAD, HOLBROOK, MA 02343
781-767-4617 (VOICE MAIL 24/7)

COA@holbrookmassachusetts.us
www.holbrookma.gov/council-aging

JUNE
2025



MESSAGE FROM OUR COA DIRECTOR

The Holbrook Council on Aging was buzzing with energy and activity throughout May. We began with our Thursday Social, a weekly tradition that continues to draw a wonderful turnout. It's a simple gathering that brings people together for food, conversation, and connection, and it remains one of the most dependable and well-loved parts of our schedule. We also enjoyed lunch at Lucky's 777, our very first lunch outing partner. Their long-standing generosity and hospitality mean so much to our members. We're excited to return to Lucky's 777 on the first Wednesday in June at noon, and we kindly remind everyone to order from the special menu to help keep service smooth and enjoyable for all. Our screening of *Queen Bees* paired with a delicious box lunch brought plenty of laughter and good conversation. Don't forget—Amanda's nail painting is a chance for members to treat themselves and unwind. It's a simple service that always adds something special to the day.

May also marked our final visit to Stanney's for their 50% Off Day before the summer break. We're so grateful for their continued partnership and look forward to returning in the fall. The Holbrook Rotary Club hosted a cookout at Holbrook Court, with a fantastic performance by the Bailey Street Brass Band, generously sponsored by the Holbrook Cultural Council. While the sun didn't shine, the food, music, and the sense of community and connection made it a truly memorable event. Our May Birthday Bash, complete with pizza from Sara's, was celebrated a bit early and was full of warmth, laughter, and sugar. Therapy Gardens delivered two programs that delighted our senses: a guided chocolate tasting followed by a flavorful showcase of easy Italian dishes that got us thinking about what to make for dinner. Members had the chance to visit the Norfolk County Sheriff's Youth Leadership Program, where we quietly cheered on the students so as not to distract them from the focus and teamwork needed to complete the ROPES course. A pizza lunch under the pavilion rounded out the experience. We ended the month with an ice cream social inspired by Sandy's Spectacular Send-Off in April. It was joyful, sweet, and filled with the kind of energy that makes this center such a special place.

We're starting June with a visit from Attorney McCarthy of the Massachusetts Bar Association, who will be joining us as part of their Elder Law Education Program. He'll provide helpful legal information for older adults and answer questions. Free copies of the *Elder Law Education Guide* will be available while supplies last. We're also looking forward to a visit from the New England Wildlife Center, an organization dedicated to protecting wildlife, habitats, and public health. Later in the month, we'll head to Castle Island for lunch at Sullivan's and a scenic walk by the water. This outing fills quickly, so be sure to sign up soon if you'd like to join us. Cook the Book returns for a third round. If you'd like to join, be sure to sign up and bring a dish from the featured cookbook—copies are available at the COA and library. This month, we continue to welcome special guests, including therapy animals like Harper from Randolph and Holbrook's own Lucky Dog. Thanks to support from the Mass Cultural Council, we'll also be hosting a live performance by Bak-Ta-Bak, who will bring a fun mix of country, rock oldies, and original songs to the center.

We're excited to welcome Amy Mills as our new Part-Time COA Coordinator. A longtime Holbrook resident, Amy has served on the COA Board and brings a strong background in community involvement, event planning, and volunteer leadership. Her enthusiasm, creativity, and dedication to supporting older adults make her a wonderful addition to our team.

Best, Holly Rose

MEET THE COA STAFF & MEMBER VOLUNTEERS

Holly Rose—Director
Amy Mills—Coordinator
Margaret Feeley—Principal Clerk
Katherine Fabian—Receptionist
Maria Malinowski—Kitchen
Cathleen McCarthy—SHINE
Elaine Hyland—Newsletter Editor (*Member Volunteer*)
Marion (Missy) Rapoza—My Senior Center (*Member Volunteer*)
Claire Crowell—Master Reiki (*Member Volunteer*)
Kathryn Bussolari—(*Member Volunteer*)

VAN DRIVERS – “Transportation Specialists”

Tom Donovan - Paul Callinan - Rick Evans

BOARD OF DIRECTORS

Elaine Hyland—Chair
Beatrice Taggart—Vice Chair
Marion (Missy) Rapoza—Treasurer
Rosemary Clarke
Carol Byrne
Susan Mann
Holly Rose—Director (ex-officio)

* Please consider serving on Board
of Directors for a **one-year term**.
THANK YOU!

Open Position: CLERK

FOSTER VETERANS SERVICE CENTER



If you are a **Veteran** in need we can help

*We take donations. Food must be non-perishable or boxed.
We cannot take used clothes or toiletries.*

Foster Veterans Service Center, 30 Foster Road Braintree, MA 02184
Veterans Services for the Towns of Braintree, Holbrook, and Avon
781-794-8218 or Pmarshall@braintreema.gov

Executive Office of Aging & Independence (formerly (EOEA) Executive Office of Elder Affairs)

Through the Formula Grant, the EOAI not only provides funding for our Newsletter costs, but the monies awarded to the Town of Holbrook by this program helps defray the cost of many of the day-to-day expenses for the necessities required to operate our COA.

EVERY COA MEMBER COUNTS! Be sure to “check in” by tapping your “My Senior Center” tag each time you visit the COA. This is extremely important for our Formula Grant funding by keeping track of each and every one of you who attend our activities, events and programs. THANK YOU!

HOLBROOK FOOD PANTRY

St. Joseph’s Church on the second Saturday of each month from 10:15-11:00am (for those with transportation)

2nd FOOD PANTRY PROGRAM

The *New Birth Evangelical Church* and the *Brookville Bible Church* are sponsoring a Food Pantry the last Saturday of each month from 11:30am-1:00pm. Food distribution will be held at the New Birth Evangelical Church, 14 Technical Park Drive, Holbrook.

MASS DRIVER’S LICENSE “REAL ID”

Beginning **May 7, 2025**, individuals 18 and older will need a REAL ID driver’s license or ID card (or [another ID accepted by the TSA](#)) to board domestic flights or enter certain federal facilities. A Massachusetts REAL ID has a star in the top right corner. A standard driver’s license or Mass ID is not accepted for federal purposes.



CALL THE SENIOR “RMV” HELP LINE
857-368-8005 (**appointments are required**).

This is for anyone 65 years of age or older to get help scheduling an in-person appointment at a local RMV during designated service hours.

Assisted Listening Devices

For those with hearing impairment, ALD’s are available by request to HCAM for use in the Town Hall Noel King meeting room. Kindly inform them if you would like to utilize this service when attending meetings. 781-767-7487 or info@hcamtv.org



HOLBROOK COA

SENIOR HAPPENINGS (60+)



Ice Cream Social in celebration of Sandy Lemieux's retirement!



Jean Murphy (participant)
(Randolph Senior Olympics)



Garden Beds w/Peggy
(Therapy Gardens)



ROTARY Cookout w/Bailey Street Brass
(Holbrook Cultural Council/Knights of Columbus)



STANNEY'S (to resume in September)



"THERAPY GARDENS" (Chocolate Tasting)



"APRIL" BIRTHDAY BASH!

NOTICE TO MEMBERS REGARDING LUNCH OUTINGS AT "LUCKY'S 777"

To help ensure a smooth and enjoyable experience for everyone during our lunch outings to Lucky's 777, we'd like to clarify a few important points:

- **Lucky's 777** prepares a special group menu for our members to help keep service timely and organized.
- All members are expected to order from this group menu so that meals can be prepared and served together.
- Moving forward, **Lucky's 777** will begin taking orders table by table once each table is fully seated.
- This change is intended to prevent delays and help make the dining experience more comfortable for all.

We appreciate your understanding and cooperation as we continue working with **Lucky's 777** to make these outings enjoyable for everyone. Thank you, Holly Rose

Randolph Recreation, The Avon COA
and Royal Tours presents
A 3 Hour Cape Cod Canal Cruise
with a Buffet Luncheon at
Mezza Luna

Wednesday, August 13, 2025

\$144 per person



Join us today as we head to Onset, MA for a 3-hour Cape Cod Canal Cruise aboard one of the Hy-Line Vessels. This boat ride cruises all the way through the Cape Cod Canal, to the Sandwich Boat Basin and returns. Featuring live commentary about the fascinating history and points of interest. They include Massachusetts Maritime Academy, Sagamore Bridge, Bourne Bridge, Vertical Lift Railroad Bridge, Gray Gable, Herring Run, Aptucket Trading Post, Scusset Beach Fish Pier, Sandwich Boat Basin and Cape Cod Bay. Includes: Transportation, luncheon, dining room taxes and gratuities, boat ride. Please note! There is walking involved on this tour to the boat drop off and back. Also, the bathroom on the boat is located downstairs.

After your cruise, you will be having a buffet luncheon at Mezza Luna, see menu below. Please note! Lunch will be at 1:30 p.m., so please plan accordingly.

Includes: Buffet luncheon, dining room taxes and gratuities, boat ride. Please sign travel waiver.
A great way to enjoy the Cape!

MENU BUFFET LUNCHEON

Garden Salad with Italian Dressing
Cheese Ravioli
Baked Stuffed Haddock
Rice Pilaf
Assorted Italian Mini Pastries
Coffee or Tea, Soda

9:30 a.m. Arrival to boat,
184 Onset Ave., Onset, MA

10:00 a.m.-1:00 p.m. Cape Cod Canal Cruise

1:30 p.m.-3:30 p.m. Lunch at Mezza Luna,
253 Main Street, Buzzards Bay, MA

Please contact Robyn Rinehart at 781-961-0930 Ext. 108 for more information.

Randolph Departure from: Zapustas Arena, 240 North Street, Randolph, MA at 8:00 a.m.
Home approximately 4:45 p.m.

Avon Departure from: Avon PD, 86 Fagan Drive, Avon, MA at 8:30 a.m.
Home approximately 4:15 p.m.

In Person or Over the Phone Registration only with Robyn Rinehart 781-961-0930 Ext. 108.



SCAN ME

REGISTRATION DEADLINE: Sunday 7/13/2025 by 8 PM

Register at the RICC after 2PM on Mondays, Tuesdays and Saturdays,
or online at www.randolphicc.com.

-CARE ONE-

49 Thomas Patten Drive, Randolph, MA 02368
(781) 961-1160

CareOne at Randolph is a 168-bed skilled nursing and rehabilitation facility that provides hospital-level care in a place that feels like home. We thank them for donating our PIZZA for the monthly Birthday BASH luncheon!

Sara's Pizza Palace

424 N. Franklin
(Holbrook)

Every **DAY** of the month, enjoy a
15% Senior discount

(781) 963-0351 or

"Text" John 781-901-1423

(mention the Senior discount)

Connection Café

40 Union Street (Holbrook)

Every **WEDNESDAY** enjoy a **15%**
Senior discount

(781) 885-7820

Dunkin' offers a 5-10% discount to Seniors (upon request). The discount varies depending upon the location. Just ask!



**Please note the
deadline date
of July 13, 2025**

TEXAS ROADHOUSE Brockton Texas Roadhouse
124 West Gate Drive
Brockton, Ma.02310

FUNDRAISING

DINE-IN OR TO-GO



➔ **Support** ⇐⇐

The Holbrook Rotary
June 9th
3pm to 9pm



10%

DONATION NIGHT

Support **Holbrook Rotary** by
presenting this flyer to the Brockton
location and Texas Roadhouse will
donate 10% of your total food
purchases to the **Holbrook Rotary**

TRANSPORTATION & APPOINTMENT SCHEDULE

S*H*I*N*E PROGRAM

“Serving Health Insurance Needs for Everyone”

For assistance with your Medicare Questions & Issues:
Appointments are available in person at the COA

Beginning JUNE 9th thru the month of AUGUST

Mondays only (10:00am - 11:00am - 12:00 Noon)

Please call to schedule your appointment 781-767-4617

MEDICAL APPOINTMENT TRANSPORT

Medical Transport is “always” our top priority

Call 781-767-4617 to reserve your MEDICAL Requests:

Service is ONLY to Holbrook, Brockton, Weymouth,
Braintree, Randolph, Avon, Abington

Note: Requests for exceptions must be
approved by COA Management

PLEASE book your appointments
AT LEAST 7 DAYS in advance

Mon—Tues—Wed—Thurs for appointments from
8:00am—1:30pm

Friday for appointments—8:00am—11:00am

HOME DELIVERED MEALS (HDM)

A service that provides home-delivered meals to elderly
and disabled citizens without regard to income. HDM is
funded through a combination of federal funds, state
funds, private-pay contracts and local donations.

SOUTH SHORE ELDER SERVICES NUTRITION DEPARTMENT

350 Granite Street, Suite 2303, Braintree, MA 02184
781-848-3910 or sselder.org

FAX LINE: 781-843-8279

TDD LINE: 781-356-1992

HAITIAN INFORMATION LINE: 781-930-0303

FUEL ASSISTANCE (September—April)

To schedule your appointment
with our Advisor
Please call the COA 781-767-4617

LOCAL SHOPPING TRANSPORT

Call 781-767-4617 to reserve your SHOPPING
requests:

MONDAY—Transportation available for
Senior activities

TUESDAY—9:00am **WALMART** (Avon)

WEDNESDAY—9:00am **MARKET BASKET** (Hanover)

**** June 11th 12:00pm OCEAN STATE JOB LOT
(Avon) - NO TRUCCPS**

THURSDAY—9:00am **IN TOWN** Shopping

FRIDAY (only MEDICAL)
(between 8:00am and 11:00am)

**** VANS MUST BE BACK TO THE COA BY NOON ****

YMCA (Stoughton) “FREE”

Wednesdays for
Seniors who
present a COA
Membership
key ring tag.
Please sign up
at the COA.

YMCA-Stoughton \$2 Food Bag Distribution

This takes place on
certain Wednesdays
between 3:30-5:30pm.
Each \$2 bag contains
over 12 pounds of
mixed fresh produce.
Call 781-341-2016 for
more information.

“LIVESTRONG” Free Program for Cancer Survivors at the YMCA (Stoughton)

LIVESTRONG is a program to help cancer
survivors achieve their health goals, such
as building muscle mass and strength;
increasing flexibility and endurance; and
improving confidence and self-esteem. By
focusing on the whole person and not the
disease, LIVESTRONG at the YMCA is
helping people move beyond cancer in
spirit, mind and body. It is a free 12-week
program, and it includes a 3-month
membership. The group meets twice per
week. For more information contact
Heather Barros at: 781-341-2016 Ext.1815
or hbarros@oldcolonyymca.org.

JUNE * (**SIGN UP** is required for events/activities – call the COA 781-767-4617)

- 4**—Lucky’s 777 Senior Luncheon (senior specials) – 12:00
4,18—Amanda’s Nails 12:30-2:00 (private pay \$5)
5—**TRIAD** 10:00-11:00 Norfolk County DA/Sheriff, Holbrook Police, Fire and Communications—**AT THE COA**
9—Exercise with Alex 10:00-11:00
10,17,24—Gentle YOGA w/Susan 10:15-11:30
10—Garden Beds with Peggy (Therapy Gardens) 10:00-11:00
11— **THERAPY GARDENS** 11:30-12:30 **“Pizza Talk & Tasting”**
AVON COA—Caregiver Support Group 11:30-1:30
Comfort Dog 12:00-2:00
COA Board meeting 3:00
12—Elder Law Presentation 10:00-12:00
“COOK the BOOK”-Desserts 6:00—the Holbrook Public Library is hosting this event at the Holbrook COA (*limited seating—16*)
18,25—Diamond Art with Kathy (Member Volunteer) 12:30-2:00
25—Veteran Agent 10:00-11:00 (coffee hour)
AVON COA—Memory Café 11:30-1:30 (for Caregivers along with their individuals who are experiencing memory loss).
26—**THERAPY GARDENS** 11:30-12:30 **“Chopsticks, Snacks & Laughs”**
27—Castle Island 10:00 (**meet at the COA**)
30—**“JUNE”** Birthday Bash (at the COA) 12:30-2:00

NOTE: Beginning Friday, **JUNE 20th** thru Labor Day weekend, the COA and Town Hall are **CLOSED** on Fridays for the summer months. However, the COA is planning some day trips on certain Fridays. Check the monthly summer calendars for details.

JUNE 11 - THERAPY GARDENS 11:30-12:30 “Pizza Talk & Tasting”

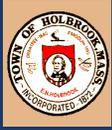
Learn about the different types of pizza and how they are made, including Massachusetts own “South Shore Bar Pizza”. We will also review pizza recipes, healthier alternatives, and pizza history, including pictures of past and current hidden gems of the pizza world. If you like pizza, don’t miss this presentation!

JUNE 12 - “COOK the BOOK” 6:00pm – the Holbrook Public Library is hosting this event at the Holbrook COA (*limited seating—16*). Join us for a fun and interactive cookbook discussion group! Participants will choose a recipe from a selected cookbook, prepare it at home, and bring it to the event to share with others. As we enjoy the dishes, we’ll discuss the recipes, cooking techniques, and any personal twists added. It’s a great way to discover new recipes and connect with fellow food enthusiasts. Don’t miss out – bring your appetite and your culinary creativity!

JUNE 26 - THERAPY GARDENS 11:30-12:30 “Chopsticks, Snacks & Laughs”

Did you know chopsticks are healthy? (and not only because you miss your mouth!) Come learn to use chopsticks correctly while enjoying some healthy and chopstick friendly snacks from Therapy Gardens. Try our Chopstick Challenge! This is an excellent, fun-filled session. We bring everything and no special setup is needed.

NOTE: Beginning Friday, **JUNE 20th** thru Labor Day weekend, the COA and Town Hall are **CLOSED** on Fridays for the summer months. Please check the newsletter calendars as there will be some Friday “Off-Site” Events.



JUNE 2025



“SIGN-UP” for Activities/Events

HOLBROOK COUNCIL ON AGING

781-767-4617

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30 Exercise 10:00 Mahjong Game 12:30-2:00 Games & Cards	3 9:30 Exercise 10:00 JENGA 12:30 BINGO	4 9:30 Exercise 10:00-12:00 Amanda’s Nails (\$5 private pay) 12:00 LUCKY’s 777	5 9:30 Exercise 10:00-11:00 TRIAD 11:15 Comfort Dog “Lucky” (Holbrook) 12:30 SOCIAL 1:00 Reiki (\$5)	6 9:30 Exercise 10:00-10:30 Low Impact Dance 10:00-11:30 “Pop” by for a Popsicle	7
8	9 9:30 Exercise 10:00-11:00 Exercise w/Alex 12:30-2:00 Left/Right/Center	10 9:30 Exercise 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	11 9:30 Exercise 10:00-11:00 Garden Beds w/Peggy 11:30-12:30 Therapy Gardens “Pizza Talk & Tasting” 12:00 Ocean State 12:00-2:00 Comfort Dog-LUCKY (Holbrook)	12 9:30 Exercise 10:00-12:00 Elder Law Presentation 12:30 SOCIAL 1:00-2:30 Blood Pressure 6:00 Cook the Book (Limit 16)	13 9:30 Exercise 11:00-12:00 Bak-ta-Bak (Country, Rock, Oldies) (Sponsored by Mass Cultural Council)	14 10:15-11:00 St. Joseph’s Food Pantry (those with transportation)
15 FATHER’S DAY	16 9:30 Exercise 10:00 & 11:15 FOOD PANTRY (Van Only) 10:00-12:00 Movie/Brunch 1:00 N.E. Wildlife	17 9:30 Exercise 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	18 9:30 Exercise 10:00-12:00 Amanda’s Nails (\$5 private pay) 12:30-2:00 Diamond Art w/Kathy	19 “Juneteenth” COA CLOSED	20 COA CLOSED	21
22	23 9:30 Exercise 10:00-11:00 Exercise w/Alex 1:00 Comfort Dog “Lucky” (Holbrook)	24 9:30 Exercise 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	25 9:30 Exercise 10:00-11:00 Veteran Agent 12:30-2:00 Diamond Art w/Kathy (Member Volunteer)	26 9:30 Exercise 11:30-12:30 Therapy Gardens “Chopsticks, Snacks & Laughs” 12:30 SOCIAL 1:00-2:30 Blood Pressure	27 COA CLOSED 10:00 meet at COA CASTLE ISLAND	28 11:30-1:00 New Birth Evangelical Church FOOD PANTRY
29	30 9:30 Exercise 10:00 Corn Hole 12:30-2:00 “JUNE” Birthday BASH					

KEEP SAFE! Holbrook Public Safety provides an “Emergency Information” service. Those who wish to apply by mail, please tear off and submit the last page of this newsletter. This can be emailed as well to: lmielke@ncrecc.com OR dhart@ncrecc.com. You can also apply on-line (emergencyprofile.org) and create a free account thru **Rapid SoS** in the event you place a call from your cell phone.

Veterans Coffee Hour

**Every Tuesday of
the month at 10am**

**Foster Veterans
Center, 30 Foster
Road, Braintree, Ma
02184**

**All Braintree, Holbrook, and Avon
Veterans are welcomed**

**Guest speakers will be invited to
give out information and to
answer any questions**





THE COA ADVISORY BOARD OF DIRECTORS IS PLEASED TO ANNOUNCE THE BOARD MEMBERS HAVE SUCCESSFULLY COMPLETED THE MANDATED STATE ETHICS CONFLICT OF INTEREST LAW TRAINING AND THE OPEN MEETING LAW REGULATIONS.

Congratulations to our Director and COA Kitchen Staff for successfully completing the ServSafe Training Course Certifications! The COA Kitchen was inspected by the Holbrook Board of Health and meets the regulation requirements.



PLEASE JOIN US FOR THESE "MONTHLY" RECURRING EVENTS:

(subject to changes)

BIRTHDAY BASH!	Last Monday 12:30-2:00
GENTLE YOGA	Tuesdays 10:15-11:30
BINGO	Tuesdays 12:30-2:30
THERAPY GARDENS	2nd Wednesday 11:30-12:30
SOCIAL	Thursdays 12:30-2:30
BLOOD PRESSURE	2nd/4th Thursdays 1:00-2:30
TRIAD	3rd Thursday 10:00-11:00
THERAPY GARDENS	4th Thursday 11:30-12:30

CELL PHONES FOR SOLDIERS

For many Veterans, the transition to civilian life can be challenging. That's why *Cell Phones for Soldiers Mobile* provides free phones and a year of paid service to help Veterans stay connected with loved ones, seek employment, and access vital resources.

By partnering with an MVNO, they are able to prove an affordable monthly plan to give back to our heroes at home.

If you have any cell phones you would like to donate, the **Holbrook Fire Department** is a drop-off location. Thank you for supporting our Veterans.



Captain Scott Collins of the Holbrook Fire Department visits a Senior household to inspect CO2 and Smoke Alarm detectors. Call the COA to sign up 781-767-4617

LIFE IS SO IRONIC, IT TAKES SADNESS TO KNOW WHAT HAPPINESS IS, NOISE TO APPRECIATE SILENCE AND ABSENCE TO VALUE PRESENCE.

(from "PEACEFUL DIARIES")

The Brockton VA Vet Center, 1 Pearl Street – Suite 2300, Brockton, MA 02301 offers:

- Confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).
- A range of services, from talk therapy to recreational activities. The Vet Center will work with Veterans to identify goals and a plan to meet them. Help Veterans and their family build meaningful connections to improve quality of life.
- Counseling is confidential. They won't share any information about you or the services you receive without your permission—except in a life-threatening situation. Records can't be accessed by other VA offices, the Defense Department, military units, or community providers.



HOLBROOK CULTURAL COUNCIL

FREE SUMMER CONCERT SERIES

SUNDAYS, 6–7:30 P.M.

JULY 13

4EverFab

Beatles Tribute Band, Rain Date 8/19

JULY 20

The Reminisants

Classic Oldies, Rain Date 8/14

JULY 27

The Defenders

Drum and Bugle Corps, Rain Date 7/31

AUGUST 3

Uncommon Soul

Pop and Rock Band, Rain Date 8/7

AUGUST 10

Ginamark

Pop and Rock Band, Rain Date 8/28

AUGUST 17

Matt York

Classic Country Revue, Rain Date 8/21



Kris Carew Memorial Gazebo
Castle Canyon Playground
97 S. Franklin Street

Scan to learn more!

Please consider completing the following **“EMERGENCY INFORMATION FORM”** for the sole purpose of assisting first responders when there is an immediate threat to life or property at your residence. Please tear off and submit the last page of this newsletter to the **Holbrook Regional Emergency Communications Center** OR email to lmielke@ncrecc.com OR dhart@ncrecc.com **THANK YOU!**



Holbrook Regional Emergency Communications Center

Director Stephan A. Hooke
300 South Franklin Street
Holbrook, MA 02343
Business: 781-767-6461
Fax: 781-767-6888



Emergency Information Form

Form with fields: Last Name, First Name, DOB, Address, Home Phone, Cell Phone, Known Major Medical Conditions, Medications

Please Check All That Apply to Indicate Someone at Your Address Is:

Table with 2 columns: checkbox, description (On a Life Support System, Mobility Impaired, Blind, Deaf or Hard of Hearing, etc.)

Please list any information that could positively or negatively impact an occupant's safety or the safety of responders during an emergency: (ex: On site hazards, gate access, key access, lock box locations, multiple units within the same building, multiple buildings at the same address):

Empty text box for listing safety information

Do you have any of the following alarm systems?

Form with fields: Burglar, Fire, Medical, Alarm Company Name, Phone Number

Vehicles registered to residents at this address:

Table with 5 columns: Plate Number, Vehicle Year, Make, Model, Color



Holbrook Regional Emergency Communications Center

Director Stephan A. Hooke
300 South Franklin Street
Holbrook, MA 02343
Business: 781-767-6461
Fax: 781-767-6888



Emergency Contact Information

Primary Contact:

Last Name:	First Name:
Address:	
Home Phone:	Cell Phone:
Relation:	

Secondary Contact:

Last Name:	First Name:
Address:	
Home Phone:	Cell Phone:
Relation:	

Alternate Contact:

Last Name:	First Name:
Address:	
Home Phone:	Cell Phone:
Relation:	

Any additional information you feel may be beneficial to responders:

Signed Name: _____ Date: _____

Printed Name: _____ Date: _____

Notice: All information provided is voluntary, confidential and will be added to our computer aided dispatch (CAD) system to be utilized for the sole purpose of assisting first responders when there is an immediate threat to life or property at your residence. By initiating this document, I understand that I am responsible for notifying Holbrook Regional Emergency Communications Center of any changes to the above information. I further agree, I will indemnify, defend and hold the Town of Holbrook harmless against any claims, suits and proceedings resulting from or arising out of the initial provision or updating of this information.