

HOLBROOK COUNCIL ON AGING NEWSLETTER



9 JEWEL ROAD, HOLBROOK, MA 02343
781-767-4617 (VOICE MAIL 24/7)

JULY
2025

MESSAGE FROM OUR COA DIRECTOR

July is here, inviting us to slow down and embrace the simple joys of summer—morning walks, friendly conversations, and the easy laughter that comes from sharing time together. At the COA, it's a season for connecting, enjoying good company, and soaking in the sunshine. Whether you're joining us for a program, a meal, or just a cup of coffee, we're here to share those moments that make summer so special.

June brought a wonderful mix of fun, food, and connection. For *Cook the Book*, attendees prepared recipes from the same cookbook and gathered to share their dishes and experiences. We also enjoyed an engaging presentation by MASS BAR, laughed along with a brunch screening of *Leap Year*, and welcomed some fascinating visitors from the New England Wildlife Center. A standout moment was the lively performance by the Bak-Ta-Bak Band—many thanks to the Holbrook Cultural Council for sponsoring such a memorable afternoon!

Looking ahead, July promises even more opportunities to come together and make memories. We'll start our Tuesday mornings with the Walking Club—a gentle, social way to stretch our legs and catch up with friends. Baseball fans can look forward to cheering on the Brockton Rox and soaking in the spirit of the game. Henry M. Quinlan will join us to explore how creativity can improve our quality of life, blending humor and real-life stories that make us think and smile. John the Storyteller presents *To Life! Celebrations in Story and Song*, sharing music and stories that remind us of the joy found in everyday moments. We'll take another trip to Castle Island to savor the sea breeze, and we'll gather for an important talk on critical home repair—a chance to learn about resources that help us stay safe and independent at home.

There's something special about a day on the farm, and our visit to Langwater Farm will give us time to pick our own flowers or just soak in the peace and beauty of the sights. We're also offering a double feature: an informative session on fall prevention followed by a screening of *The Second-Best Exotic Marigold Hotel* with lunch—because a good laugh is always a treat.

Later in the month, we'll explore the Brockton Fairgrounds Farmers Market, take a fun trip to Plainridge Park Casino, and wrap up July with a day on the Plymouth Waterfront, exploring shops, grabbing a bite, and soaking in the coastal charm. And of course, popsicles will be waiting all month long whenever you need to cool off and enjoy a sweet treat.

Behind the scenes, our team is busy working on projects and improvements to keep things running smoothly. From planning new programs to securing resources and fine-tuning operations, there's a lot happening to make the COA a truly vibrant part of the Holbrook community.

Lastly, the Assistant COA Coordinator position has become available once again, as our previous candidate unfortunately declined the offer. This 19-hour-per-week role is ideal for a highly creative individual with a passion for working with older adults. The primary responsibilities include developing and leading a wide variety of programs and events that evolve throughout the year, as well as providing support in the kitchen when meals are being served. This is a great opportunity for someone who enjoys variety, thrives on new ideas, and wants to make a meaningful impact in a welcoming community setting. The full job posting can be found on the Holbrook website at

www.holbrookmassachusetts.us. Interested applicants should submit a cover letter and resume to the Town of Holbrook Human Resources Department at AMahoney@holbrookmassachusetts.us. Best, Holly Rose

MEET THE COA STAFF

Holly Rose—Director
Amy Mills—Coordinator
“OPEN” Position—Assistant Coordinator
Margaret Feeley—Principal Clerk
Katherine Fabian—Receptionist
Cathleen McCarthy—SHINE
Maria Malinowski—Kitchen
Claire Crowell—Master Reiki (*Member Volunteer*)
Elaine Hyland—Newsletter Editor (*Member Volunteer*)
Marion (Missy) Rapoza—My Senior Center (*Member Volunteer*)
Kathryn Bussolari—(*Member Volunteer*)

VAN DRIVERS

Tom Donovan - Paul Callinan - Rick Evans

BOARD OF DIRECTORS

Elaine Hyland—Chair
Beatrice Taggart—Vice Chair
Marion Rapoza—Treasurer
Rosemary Clarke
Carol Byrne
Susan Mann
Susan Murray
Holly Rose—Director (*ex-officio*)

* Please consider applying to serve on our COA Board of Directors for a *one-year* term.

THANK YOU!

Open Position: CLERK

HOLBROOK FOOD PANTRY

St. Joseph's Church on the second Saturday of each month from 10:15-11:00am (for those with transportation)

2nd FOOD PANTRY PROGRAM

The New Birth Evangelical Church and the Brookville Bible Church are sponsoring a Food Pantry the last Saturday of each month from 11:30am-1:00pm. Food distribution will be held at the New Birth Evangelical Church, 14 Technical Park Drive, Holbrook.

Executive Office of Aging & Independence

(formerly (EOEA) Executive Office of Elder Affairs)

Through the Formula Grant, the EOAI not only provides funding for our Newsletter costs, but the monies awarded to the Town of Holbrook by this program helps defray the cost of many of the day-to-day expenses for the necessities required to operate our COA.

EVERY COA MEMBER COUNTS! Be sure to “check in” by tapping your “My Senior Center” tag each time you visit the COA. This is extremely important for our Formula Grant funding by keeping track of each and every one of you who attend our activities, events and programs. THANK YOU!

Assisted Listening Devices

For those with hearing impairment, ALD's are available by request to HCAM for use in the Town Hall Noel King meeting room. Kindly inform them if you would like to utilize this service when attending meetings.

781-767-7487 or info@hcamtv.org

PLEASE JOIN US FOR THESE “MONTHLY” RECURRING EVENTS:

(subject to changes)

BIRTHDAY BASH!

GENTLE YOGA

BINGO

THERAPY GARDENS

SOCIAL

BLOOD PRESSURE

TRIAD

THERAPY GARDENS

Last Monday 12:30-2:00

Tuesdays 10:15-11:30

Tuesdays 12:30-2:30

2nd Wednesday 11:30-12:30

Thursdays 12:30-2:30

2nd/4th Thursdays 1:00-2:30

3rd Thursday 10:00-11:00

4th Thursday 11:30-12:30

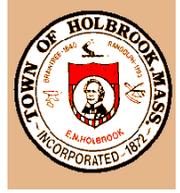
DAILY SOCIAL ACTIVITIES:

PLEASE BE SURE TO CHECK OUR MONTHLY CALENDAR FOR ALL THE DAILY EVENTS AS THERE MAY BE CHANGES EACH MONTH

UPCOMING TRIP: Marshfield Fair on Wednesday August 20th at 12:00pm. RSVP and **deadline** for payment is **AUGUST 1st**. Space is limited!



HOLBROOK COA SENIOR HAPPENINGS (60+)



"MAY" Birthday Bash



Elder Law Presentation



BINGO with Amy



**Garden Beds w/Peggy
(Therapy Gardens)**

**MEMORIAL DAY 2025
WENDELL CEMETERY
Holbrook, MA**

Mary Wales Holbrook Park



(Courtesy Photo - Holbrook HCAM)

<https://reflect-holbrook.cablecast.tv/CablecastPublicSite/show/5889?site=2>

(Comcast 6 / Verizon 38 HCAM TV VIEWING)



"COOK the BOOK"



"THERAPY GARDENS" (Italian Recipes)



TRIAD

TRANSPORTATION & APPOINTMENT SCHEDULE

S*H*I*N*E PROGRAM

“Serving Health Insurance Needs for Everyone”

For assistance with your Medicare Questions & Issues:
Appointments are available in person at the COA

Beginning JUNE 9th thru the month of AUGUST
Mondays only (10:00am - 11:00am - 12:00 Noon)

Please call to schedule your appointment 781-767-4617

MEDICAL APPOINTMENT TRANSPORT

Medical Transport is “always” our top priority

Call 781-767-4617 to reserve your MEDICAL Requests:

Service is ONLY to Holbrook, Brockton, Weymouth,
Braintree, Randolph, Avon, Abington

Note: Requests for exceptions must be
approved by COA Management

PLEASE book your appointments
AT LEAST 7 DAYS in advance

Mon—Tues—Wed—Thurs for appointments from
8:00am—1:30pm

Friday for appointments—8:00am—11:00am

LOCAL SHOPPING TRANSPORT

Call 781-767-4617 to reserve your SHOPPING requests:

MONDAY—Transportation available for Senior activities

TUESDAY—9:00am **WALMART** (Avon)

WEDNESDAY—9:00am **MARKET BASKET** (Hanover)

**** July 9th 12:00pm OCEAN STATE JOB LOT (Avon) - NO TRUCC'S**

THURSDAY—9:00am **IN TOWN** Shopping

FRIDAY (only MEDICAL)
(between 8:00am and 11:00am)

**** VANS MUST BE BACK TO THE COA BY NOON ****

YMCA (Stoughton) “FREE”

Wednesdays for Seniors who present a COA Membership key ring tag. Please sign up at the COA.

YMCA-Stoughton \$2 Food Bag Distribution

This takes place on *certain* Wednesdays between 3:30-5:30pm. Each \$2 bag contains over 12 pounds of mixed fresh produce. Call 781-341-2016 for more information.

FOSTER VETERANS SERVICE CENTER



If you are a **Veteran** in need we can help

*We take donations. Food must be non-perishable or boxed.
We cannot take used clothes or toiletries.*

Foster Veterans Service Center, 30 Foster Road Braintree, MA 02184
Veterans Services for the Towns of Braintree, Holbrook, and Avon
781-794-8218 or Pmarshall@braintreema.gov

HOME DELIVERED MEALS (HDM)

A service that provides home-delivered meals to elderly and disabled citizens without regard to income. HDM is funded through a combination of federal funds, state funds, private-pay contracts and local donations.

SOUTH SHORE ELDER SERVICES NUTRITION DEPARTMENT

350 Granite Street, Suite 2303,
Braintree, MA 02184
781-848-3910 or sselder.org

FAX LINE: 781-843-8279

TDD LINE: 781-356-1992

HAITIAN INFORMATION LINE: 781-930-0303

JULY * (**SIGN UP** is required for events/activities – call the COA 781-767-4617)

1,8,15,22,29—Gentle YOGA w/Susan 10:15-11:30

2—Lucky's 777 Senior Luncheon (senior specials) – 12:00

Brockton Rox Baseball 11:00 \$19 (ticket, hot dog, chips, drink) Van Transportation

7—*Using Creativity to Improve Your Quality of Life* presentation 1:00-2:00

9—**THERAPY GARDENS** “UFO’s & Spy Balloons” 11:30-12:30

10—Story/Song LIFE Celebrations 11:00-12:00

13,20,27—CONCERTS at the Holbrook Gazebo 6:00-7:30 (see schedule on page 10)

14,28—Exercise with Alex 10:00-11:00

16—Critical Home Repair Program 12:30-2:00

COA Board Meeting 3:00

17—COOK the BOOK 6:00 (at the COA) – *Feel Good Food!*

21—Fall Prevention & Exercise Education 10:00-12:00

23—Brockton Fairgrounds Farmer’s Market 9:00 (at the COA)

28—“**JULY**” Birthday Bash (at the COA) 12:30-2:00

30—Veteran Agent 10:00-11:00 (coffee hour)

AVON COA—Memory Café 11:30-1:30 (for Caregivers along with their individuals who are experiencing memory loss).

Plymouth Waterfront 11:00 (choose your own lunch spot—*private pay*) (to return about 2:00pm)

31—**THERAPY GARDENS** “Alien Abductions/Close Encounters” 11:30-12:30

NOTE: Beginning Friday, **JUNE 20th** thru Labor Day weekend, the COA and Town Hall are **CLOSED** on Fridays for the summer months. **Watch the newsletter as there will be some Friday “Off-Site” Events.**

15% Senior Discount (every day)



SARA’S PIZZA – 424 North Franklin Street, Holbrook
(next to the Highland Plaza)

Enjoy Oven Hot Pizza, Great Tasting Subs, Fresh Salads
& Delicious Dinners!

(781) 963-0351 or “Text” John **781-901-1423**
(mention the Senior discount)

Connection Café

40 Union Street (Holbrook)
Every **WEDNESDAY** enjoy a
15% Senior discount
(781) 885-7820



NOTICE TO MEMBERS REGARDING LUNCH OUTINGS AT “LUCKY’S 777”

To help ensure a smooth and enjoyable experience for everyone during our lunch outings to Lucky’s 777, we’d like to clarify a few important points:

- **Lucky’s 777** prepares a special group menu for our members to help keep service timely and organized.
- All members are expected to order from this group menu so that meals can be prepared and served together.
- Moving forward, **Lucky’s 777** will begin taking orders table by table once each table is fully seated.
- This change is intended to prevent delays and help make the dining experience more comfortable for all.

We appreciate your understanding and cooperation as we continue working with **Lucky’s 777** to make these outings enjoyable for everyone. Thank you, Holly Rose

JULY 9 - THERAPY GARDENS 11:30-12:30 "UFO's & Spy Balloons"

Join Chris Torres, podcaster and paranormal researcher, as he discusses recent UFO developments from government officials and scientists, exploring what might come next in UFO research. Great for newbies, enthusiasts, and skeptics.

The Most Intriguing UFO Cases in History: Explore significant UFO incidents with Chris Torres, from Roswell to O'Hare, examining key sightings and media accounts through an engaging historical overview.

JULY 17 - "COOK the BOOK" 6:00pm – the Holbrook Public Library is hosting this event at the Holbrook COA (*limited seating—16*). Join us for a fun and interactive cookbook discussion group! Participants will choose a recipe from a selected cookbook, prepare it at home, and bring it to the event to share with others. As we enjoy the dishes, we'll discuss the recipes, cooking techniques, and any personal twists added. It's a great way to discover new recipes and connect with fellow food enthusiasts. Don't miss out – bring your appetite and your culinary creativity!

JULY 31 - THERAPY GARDENS 11:30-12:30 "Alien Abductions/Close Encounters"

Are beings from another planet kidnapping humans for various purposes? Join Chris Torres as he takes you through some of the instances where beings from "somewhere else" interacting with human beings is being claimed, so you can decide for yourself.

Congress Investigates: UAPs on Capitol Hill

The United States Congress, the House and the Senate, have taken an active interest in UFOs in recent years? Chris Torres brings you the latest on all fronts in this continuation of his popular series.

Mass State Retirement Board

7 Body Parts You Shouldn't Ignore After 50

As you age, pay closer attention to areas of your body that can be particularly vulnerable. This article from Beth Howard of AARP looks at seven body parts that, if ignored, may lead to longer-lasting problems like macular degeneration in your eyes or damaged cartilage in your joints.

Your eyes, teeth and gums, feet, pelvic floor, knees and hips, ears, and core are essential to monitor and avoid any problems that may develop. [Click here to learn more.](http://www.aarp.org/health/healthy-living/body-parts-you-should-not-ignore-after-50.html)

www.aarp.org/health/healthy-living/body-parts-you-should-not-ignore-after-50.html

TO LIFE!

Celebrations in Story and Song

Please join us at the Holbrook Council on Aging on Thursday, **July 10th at 11:00am** for a special presentation of ***TO LIFE!***

"Celebrations in Story and Song" with John the Storyteller. With more than 40 years of experience, John shares his unique blend of music, stories, and humor to inspire and uplift. Enjoy heartwarming tales that celebrate life's moments big and small—connecting us through laughter, music, and shared stories. This one-hour program is a wonderful way to come together, reflect on life's journey, and celebrate community. Stay afterward for our Thursday Social to continue the conversation.

Brockton Rox Baseball July 2nd 11:00

\$19.00 ticket, lunch voucher (hot dog, chips, drink) and includes Van transportation. Call to sign up 781-767-4617.

**HOLBROOK COUNCIL ON AGING
VETERAN APPRECIATION DAY
WEDNESDAY, AUGUST 27, 2025**

**LOCATION:
HOLBROOK COUNCIL ON AGING
9 JEWEL ROAD, HOLBROOK, MA**

**SCHEDULE:
10:00 AM – LIGHT BREAKFAST
EGG SANDWICH & FRESH FRUIT
COFFEE, TEA, OR WATER**

10:00 AM – 11:00 AM – VETERAN AGENT ADMINISTRATIVE ASSISTANT
• PAUL MARSHALL AVAILABLE TO ASSIST WITH VETERANS' SERVICES

11:30 AM – MOVIE SCREENING "TAKING CHANCE" (2009)
• A MOVING TRIBUTE TO MILITARY HONOR AND SACRIFICE

1:00 PM – LUNCH HOT DOG & CHIPS

**ALSO AVAILABLE THROUGHOUT THE DAY:
CORNHOLE & CRIBBAGE**

**TRANSPORTATION PROVIDED!
NEED A RIDE? CALL US IN ADVANCE TO ARRANGE TRANSPORTATION.**

**ALL VETERANS AGED 60 AND OVER ARE WELCOME!
COME ENJOY A DAY OF CAMARADERIE, SUPPORT, AND APPRECIATION.
FOR MORE INFORMATION OR TO ARRANGE TRANSPORTATION, PLEASE CALL:
PHONE: 781-767-4617**



**NEW
FACEBOOK
PAGE!**

"Holbrook Council On Aging"
The Holbrook COA has a new Facebook page!
Follow us for more information
on daily activities, special events, and outings!

**Join Amy on Monday July 7th at 11:00am to paint
"kindness rocks". Take them home with you, or
place them around Sumner Field during the
Walking Club on Tuesday.**

Please join us at the Holbrook Council on Aging on **Monday, July 7th at 1:00pm** for "*Using Creativity to Improve Your Quality of Life*" with Henry M. Quinlan. With more than 20 years of experience in semi-retirement, Henry offers an uplifting and practical look at how creativity can enrich our lives in retirement. From rediscovering old passions to exploring new activities, he'll share tips on how to fill your days with purpose, connection, and joy. This inspiring presentation will leave you with plenty of ideas for making the most of your "golden years"—and discovering new ways to thrive!

NEW!! Join Amy's "Walking Club" at Sumner Field every TUESDAY at 8:30am to walk the path around the fields. Access to the restrooms will be available.

MassVets Chapter 115

Massachusetts has made generous provisions for providing to veterans in need of financial assistance. This coverage is extended to the veteran's eligible dependents.

Anyone qualifying under the "Veteran" definition, including eligible dependents, may apply for veterans' benefits in the community in which they reside, if they meet the Income and Asset Limits for this needs-based program. However, applicants whose income is slightly above the income limit may be eligible at a "spend down" adjustment amount.

Benefits may be available at several levels, and include financial assistance to help pay shelter, heating, and medical expenses. To determine eligibility, the VSO will ask the applicant to provide proof of the veteran's military service and certain expenses, as well as proof of income and assets. The VSO may require other supporting documents such as marriage, birth, or death certificates, depending on the situation. Using the documents provided, the VSO will determine an allowable budget as outlined in 108 CMR. Once the applicant's budget has been established, the VSO will determine if the applicant is eligible for any financial assistance.

Recipients of financial assistance under this program may fall into several categories. For instance, a recipient who is not totally and permanently disabled or retired, would be expected to seek full time employment, and might expect to receive assistance for a brief period while they secure a job. A recipient who is totally and permanently disabled, or who is retired, might find themselves in a financial situation whereby their needs dictate that they continue to receive benefits indefinitely.

Paul Marshall, US Navy Veteran
Clerical Assistant for Braintree Veteran Services
30 Foster Road Braintree, MA
781-794-8218

Website: <https://www.braintreema.gov/166/Veterans-Services>

**SOUTH SHORE COMMUNITY
ACTION COUNCIL** provides
transportation to Boston Medical
Facilities for ongoing medical
treatments. Please contact the COA
781-767-4617 (**7 days** in advance)
to schedule appointments.



Paul Marshall, US Navy Veteran
Clerical Assistant for Braintree Veteran Services
30 Foster Road, Braintree, MA 02184
(Courtesy Photo - Holbrook HCAM)

FREE EVENT

THE VETERAN'S VOICE NETWORK,
CITY OF QUINCY, & VA BOSTON HEALTHCARE
PRESENT THE
6TH ANNUAL
VETERAN'S
Music Festival
VA Benefits & Career Expo
FOR VETERANS, FIRST RESPONDERS & THEIR FAMILIES
At Pageant Field, 1 Merrymount Parkway, Quincy, MA
Saturday, July 19, 2025
10AM-2PM RAIN DATE August 16th

HEALTH SCREENINGS
sponsored by
VA BOSTON HEALTHCARE

Live Music, FREE Food,
Job Fair, Housing Info,
& Special Guests
Health Checks
Featuring the
Parkinsons Pavilion

VETERAN'S VOICE NETWORK
www.VeteransVoiceNetwork.org
FOR INFORMATION:
781-985-1551 or
greggbrasso@aol.com

SPONSORED BY
95.9 WATD
WREATHS ACROSS AMERICA
Mary Lou's
Proud Event Supporter!

CITY OF QUINCY VA U.S. Department of Veterans Affairs
SULLIVAN STIRE

VETERAN'S VOICE RADIO AIRS EVERY THURSDAY NIGHT, 7-8 PM
on WATD-FM (95.9) and WMEX-AM (1510) (Rebroadcast on Wreaths Across America)

Veteran's Voice Network is a tax exempt not-for-profit 501(c)(3) organization. 11025



JULY 2025



“SIGN-UP” for Activities/Events

HOLBROOK COUNCIL ON AGING

781-767-4617

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	“NOTICE” TRIAD will not be meeting during the months of JULY and AUGUST and will resume in September	1 9:30 Exercise 8:30 Walking Club (w/Amy) 10:15-11:30 Gentle YOGA 12:30 BINGO	2 9:30 Exercise 11:00 Brockton Rox Baseball 12:00 LUCKYS 777 (Senior Specials)	3 9:30 Exercise 10:00 JENGA 12:30 SOCIAL 1:00 Reiki (\$5 Donation)	4 Happy 4th of July (CLOSED)	5
6 CONCERT <i>Schedule on page 10</i>	7 9:30 Exercise 10:00 Mahjong 11:00 Comfort Dog 11:00 Rock Painting w/Amy 1:00-2:00 Improve Your Quality of Life (with Henry)	8 9:30 Exercise 8:30 Walking Club (w/Amy) 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	9 9:30 Exercise 11:30-12:30 THERAPY GARDENS “UFO’s/Spy Balloons” 12:00 Ocean State 12:00-2:00 Comfort Dog	10 9:30 Exercise 11:00-12:00 Story/Song LIFE Celebrations 12:30 SOCIAL 1:00-2:30 Blood Pressure	11 CLOSED 10:00 (COA) Castle Island 11:00 Lunch (private pay)	10:15-11:00 St. Joseph’s Food Pantry (those with transportation)
13 CONCERT 6-7:30pm Holbrook Gazebo	14 9:30 Exercise 10:00-11:00 Exercise w/Alex 10:00 & 11:15 FOOD PANTRY (Van Only) 12:30-2:00 “Pop” by for a Popsicle	15 9:30 Exercise 8:30 Walking Club (w/Amy) 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	16 9:30 Exercise 12:30-2:00 Critical Home Repair Program 3:00 Board Mtg.	17 9:30 Exercise NO TRIAD (resume/Sept) 12:30 SOCIAL 1:00 Reiki (\$5 Donation) 6:00 COOK the BOOK (Limit 16)	18 (CLOSED) 9:30 (COA) Langwater Farm (pick your own flowers)	19
20 CONCERT 6-7:30pm Holbrook Gazebo	21 9:30 Exercise 10:00-12:00 Fall Prevention & Exercise Education 12:30-2:00 Movie/Lunch (2 nd Marigold Hotel)	22 9:30 Exercise 8:30 Walking Club (w/Amy) 10:15-11:30 Gentle YOGA 12:30 BINGO	23 9:30 Exercise 9:00 (COA) Brockton Fairgrounds Farmer’s Market 12:30-2:00 Diamond Art	24 9:30 Exercise 12:30 SOCIAL 1:00-2:30 Blood Pressure	25 (CLOSED) 9:00 (COA) Plainridge Park Casino	26 11:30-1:00 New Birth Evangelical Church FOOD PANTRY
27 CONCERT 6-7:30pm Holbrook Gazebo	28 9:30 Exercise 10:00-11:00 Exercise w/Alex 12:30-2:00 “JULY” Birthday BASH	29 9:30 Exercise 8:30 Walking Club (w/Amy) 10:15-11:30 Gentle YOGA (w/Susan) 12:30 BINGO	30 9:30 Exercise 10:00-11:00 Veteran Agent 11:00 CORN HOLE 11:00 Plymouth Waterfront (private pay lunch)	31 9:30 Exercise 11:30-12:30 THERAPY GARDENS “Alien Abductions/Close Encounters” 12:30 SOCIAL 1:00 Reiki (\$5 Donation)		

NOTE: Beginning Friday, JUNE 20th thru Labor Day weekend, the COA and Town Hall are **CLOSED** on Fridays for the summer months. Watch the newsletter as there will be some Friday “Off-Site” Events.

COA@holbrookmassachusetts.us www.holbrookma.gov/council-aging



HOLBROOK CULTURAL COUNCIL

FREE SUMMER CONCERT SERIES

SUNDAYS, 6-7:30 P.M.

JULY 13

4EverFab

Beatles Tribute Band, Rain Date 8/19

JULY 20

The Reminisants

Classic Oldies, Rain Date 8/14

JULY 27

The Defenders

Drum and Bugle Corps, Rain Date 7/31

AUGUST 3

Uncommon Soul

Pop and Rock Band, Rain Date 8/7

AUGUST 10

Ginamark

Pop and Rock Band, Rain Date 8/28

AUGUST 17

Matt York

Classic Country Revue, Rain Date 8/21



Kris Carew Memorial Gazebo
Castle Canyon Playground
97 S. Franklin Street

Scan to learn more!

The Council on Aging is seeking Board members

There are also many other Boards/Committees in our Town which have membership vacancies. Please consider offering your volunteer service in an effort to make a difference in our Community. Please complete and tear off the Town of Holbrook Volunteer Application Form on the last page and submit via the contact information on the form. THANK YOU!

COMMONWEALTH OF MASSACHUSETTS
TOWN OF HOLBROOK
OFFICE OF SELECT BOARD
50 NORTH FRANKLIN STREET, HOLBROOK, MA 02343
 TEL 781-767-4312
 FAX 781-767-3143

NAME _____ HOME PHONE _____
 ADDRESS _____ CELL PHONE _____
 E-MAIL ADDRESS _____ DATE _____

The Holbrook Talent Bank is a means of identifying residents who are interested in serving the community, including persons who have special interests, education, or experience needed for special tasks.

There are many active committees appointed by the Select Board and 1 committee appointed by the Moderator for terms starting at one year. Since many members are willing to serve for more than one term, and the interest of the Town would often be served in that matter, the number of opportunities is limited.

Please indicate any Committee on which you would like to serve. If you are interested in more than one, please rank your interests.

Appointed by the Select Board

COMMITTEE	MEMBERS	TERM
Board of Registrars	3	3 years _____
Capital Improvement Planning Committee	2 residents	1 year _____
Conservation Commission	7	3 years _____
Constables	2	1 years _____
Council on Aging Board	11	1 years _____
Council on Aging Building Advisory Committee	7	3 year _____
Diversity & Inclusion Committee	6 residents	1 year _____
Holbrook Historical Commission	7	3 years _____
Local Cultural Council	min 5, max 21	3 years _____
Master Plan Committee	TBD	TBD _____
MBTA Committee	TBD	1 year _____
Metropolitan Area Planning Council	1	1 year _____
Permanent Cable Television Advisory Committee	5	1 year _____
Permanent School Building Committee	5 residents	3 years _____
Open Space Committee	9	1, 2, or 3 years _____
Town Forest Committee	3	1 year _____
Town Scholarship Committee	5	3 years _____
Zoning Board of Appeals	3 members 2 associates	3 years _____
Civic Celebration Committee	7 residents	1 year _____
Landfill Re-purpose Committee	5	1 year _____

Appointed by the Town Moderator

COMMITTEE	MEMBERS	TERM
Finance Committee	5	3 years _____

Many of these committees meet at least twice per month, especially prior to Town Meeting. Please indicate any limitations to your commitments.

Amount of time available per month:

_____ Less than one meeting: _____ one, _____ two, _____ three, _____ four _____

Please detail your special areas of interest, education or experience:

In case of emergency contact:

Name: _____

Phone Number: _____

Relationship: _____

As a volunteer for the Town of Holbrook, I agree to abide by the policies and procedures. I understand that I will be volunteering at my own risk and that the Town, its employees and affiliates, cannot assume any responsibility for any liability for any accident, injury or health problem which may arise from any volunteer work I perform for the organization. I agree that all the work I do is on a volunteer basis and I am not eligible to receive any monetary payment or reward. **I also agree to comply with all applicable State laws on Ethics, Conflict of Interests, Public Records, Open Meeting Law requirements and the Town of Holbrook policies, regulations and bylaws.**

Signature: _____ Date: _____

To avoid conflict of interest matters, please list your current employer and your position with that employer:

Do you now hold or plan to hold any elected or appointed positions for the Town? _____

Submit completed application to Holbrook Town Hall, Attn: Select Board, 50 North Franklin Street, Holbrook, MA 02343, or via email at Town_Administrator@holbrookmassachusetts.us.

Your application will remain on file throughout the fiscal year if not first appointed.